



EMPOWER THE ARTIST OF YOUR LIFE AND HARNESS THE POWER OF THE WISE WILD WOMAN WITHIN

Adria Firestone is devoted to helping others realize their potential, live their biggest lives, and enjoy profound fulfillment. Collaborating with clients around the globe for almost two decades, Adria is a best-selling author and leading consultant for life and career transition and presentation skills. She has decades of performance and media experience.

Adria's unwavering commitment to help others unlock their untapped potential and embrace lives of immense magnitude led her to create the powerhouse consultancy, Wise Wild Women LIVE LOUD.

Adria refines presentation skills with high-achieving professional women and entrepreneurs, enabling her clients to discover the simple mindset shift that gets them focused and calm so they nail every speaking gig on stage or on camera, and deliver their point with impact.

Fluent in three languages, Adria was an award-winning opera singer and actor for more than half her life. Her credits range from her world-renowned Carmen in Bizet's opera to Family Guy. She has been published in the WSJ, the Huffington Post, and Woman's Day and was featured on RAI TV, News 12, and Telemundo. For our troops in Desert Storm, from Shanghai to the Pacific Rim and from Cairo to Canada, Adria has performed throughout the world.

On the faculty at New Jersey City University, Adria is an instructional designer and has created and presented programs for, among others, Duke University, the National University of Singapore, Dubai English-Speaking School, and Northwestern University.



ADRIA FIRESTONE

SPEAKER | AUTHOR | COACH

MEET



ADRIA

PRESENTATION TOPICS: KEYNOTES | WORKSHOPS | TRAININGS

CHARISMA UNLEASHED: THE SKILL SET YOU CAN MASTER

Ever wondered why some individuals effortlessly command attention and admiration when they walk into a room? It's not a divine gift, but a learnable skill set, and Adria is here to unveil its secrets. In this electrifying presentation, you'll embark on a journey to harness the enigmatic energy that makes your presence felt. Explore the language of your body and learn how to captivate your audience with an inviting and compelling voice. When your appearance, sound, and actions align, that's the essence of charisma. Join us and discover that charisma is within your grasp. It's not reserved for a select few; it's a skill set that you can acquire, and Adria Firestone is the expert to guide you on that transformative path.

EMBRACE YOUR POTENTIAL: UNLEASH THE POWER OF THE WISE WILD WOMAN WITHIN

In this captivating talk, Adria Firestone invites you on a transformative journey of self-discovery and personal fulfillment. Through her own experiences of reinvention and exploring the untamed aspects of her being, Adria encourages you to embrace your inner rebel, break free from societal expectations, and unleash your unique gifts and talents. With inspiring stories, practical tools, and a dynamic message of empowerment, this talk will ignite the fire within you to step into your authentic self and create a life that is truly aligned with your deepest desires.

UNLOCK THE POWER OF AUTHENTIC COMMUNICATION: A BLUEPRINT FOR CORPORATE LEADERSHIP

Are you prepared to harness the power of your unique presence and become a compelling communicator in the corporate world? Join Adria for an enlightening session where we will explore the art of commanding communication. Connect in an unforgettable way by leveraging your authentic personality, point of view, and values. Unleash the full potential of your speaking abilities through engaging, straightforward, and impactful techniques. Discover the keys to creating instant credibility and connection with your team, colleagues, and clients. Join our session and evolve into a confident and influential corporate leader capable of speaking out, being noticed, and leading effectively in every business scenario.

CONNECT WITH ADRIA:

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ADRIA SELECTED CLIENTS & PUBLICATIONS:



PEOPLE ARE SAYING

Adria Firestone is not going to tell you what you want to hear. Her mission is to transform lives and she does so with a combination of tenderness and vitality. I reached out to Adria during one of the lowest points in my life and she pushed me not just to bounce back, but to bounce back with a vengeance. With her help, I was able to escape a toxic relationship, pursue a master's degree, and move up in my career. Most importantly she helped me to find happiness within myself again, something I'd never thought was possible after years of emotional abuse. I dare anyone who is ready to work for real change in their lives to work with this trailblazer, you WILL NOT be disappointed!

**Milagros Gonzalez, Teacher of the Year,
Music Educator, Choreographer,
Performer**

Dynamic Adria Firestone is a force of nature. She is multi-talented and brilliant at communicating with and inspiring an audience whether the setting is a darkened theater, a student master class, or a professional boardroom.

John Hoomes, Gen Director Nashville Opera

The beauty of working with Adria is that she is highly versatile: I gained clarity on who I wanted to serve, launched my business page, completed my first photoshoot (Adria is an amazing style coach!), doubled my coaching rates and enrolled another new client! All these while raising three kids under 5 years old and going through a marriage crisis.

**Huimin Toh
Transformation Coach,
Finland**

Adria taught me to streamline and focus my communication online. She taught me how to set [my background] for camera interviews, wardrobe, lighting, and makeup so who I am at my best was spotlighted: this is a huge boost to my confidence.

Carrie Hayes, Author

Adria is as powerful as a Category. 4 hurricane, but comes at you like gentle rain.

Grace Valdes Hexter, Psychotherapist | LCSW