

# Brave, Bold & Beautiful: The Professional Visibility Intensive

Bring all of who you are into the spotlight so your presence attracts clients and your business shines.

This 90-day transformational journey is designed for **entrepreneurs, course creators, and professionals** who are ready to be fully *seen*. You'll build your confidence on camera, refine your authentic voice, and discover how to express your true presence with charisma and ease. Through lighting, framing, voice, and body language, **you'll learn to connect naturally and powerfully on video, so your message resonates, your energy attracts, and your business grows**. By the end of 90 days, you won't just look confident on screen — you'll *embody* confidence, radiance, and magnetic presence everywhere you show up.

| MONTH 1                                                                                                                                                   |                                                                                                                                      | MONTH 2                                                                                                                               |                                                                                                                                               | MONTH 3                                                                                                                              |                                                                                                                                        |
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| SET UP YOUR VIDEO STUDIO                                                                                                                                  | DISCOVER YOUR AUTHENTIC VOICE                                                                                                        | FREE YOUR BODY TO SPEAK                                                                                                               | FALL IN LOVE WITH YOURSELF ON VIDEO                                                                                                           | IGNITE THE MAGICAL DETAILS                                                                                                           | READY FOR YOUR CLOSE-UP                                                                                                                |
| You've ordered and received basics for your studio. You picked out a place in your home for a permanent video studio, it can be as small as your desktop. | We will employ relaxation exercises to access the resonance of your authentic voice. You will use your entire body to speak.         | Do you know what your body language reveals about you? We will hone your body language for camera. Power framing will become a habit. | Hate the way you look on camera? Those days are over! You'll learn what works for your face on camera. Part of your makeup magic is lighting. | Now we assemble all the pieces and refine your presentation. We'll focus on the verbal and the use of words that excite & attract.   | It's time to wrap up all the work you've done. You'll see and feel your progress. Your skills are sharp, and your clients are waiting. |
| <b>RESULT:</b> You did it! You have a mini video studio. You're ready to use video in your business to attract your ideal clients.                        | <b>RESULT:</b> Your voice will become more resonant and compelling. You'll learn to use a mic to create intimacy with your audience. | <b>RESULT:</b> Your visual presence and confidence on camera have become more authoritative and inviting.                             | <b>RESULT:</b> You have new makeup & lighting techniques, and now, you love how you look on camera.                                           | <b>RESULT:</b> Your visual, vocal, and verbal skills are congruent with who you are. Your presence and confidence are at a new high. | <b>RESULT:</b> You have new valuable skills as a business owner, and you've grown in power and confidence in your work and your life!  |
| <b>BONUS:</b> <i>Become Globally Visible from Your Own Affordable Video Studio</i> , online class                                                         | <b>BONUS:</b> Join the private Facebook group for a safe place to practice.                                                          | <b>BONUS:</b> <i>How to Fall in Love with Yourself on Camera</i> , online course.                                                     | <b>BONUS:</b> Your camera-ready wardrobe consultation is here!! Begin your organic branding.                                                  | <b>PRACTICE:</b> Experiment with your makeup and wardrobe choices for our remaining sessions.                                        | <b>DRESS REHEARSAL:</b> Congratulations! It's your time to shine!!                                                                     |

