

Becoming Brave, Bold & Beautiful: My Own Reinvention Story

Then... hiding my light.

Over the last 18 years, people often ask, "How is this possible? You look 20 years younger – not older!"

And yes, I just turned 74, and no, I haven't had any work done. The truth is, I let go of pain, perfectionism, and the need to be anyone but me.

I forgave my past, embraced who I am today, and rediscovered the energy and beauty I thought I'd lost. Each challenge became a doorway to strength, each loss a lesson in love. I no longer needed to prove my worth; I began to live it.

Now, my outer image reflects my inner power. I'm radiant, unapologetic, and fully visible. And that's what I help women claim for themselves.

This is what *Becoming Brave, Bold & Beautiful* is all about: seeing your true self - and letting the world see her too.



Now... radiant, unapologetic, me.



When you embody your *truth*,
your beauty becomes *timeless*.

